



# Classroom Environment

Although it is nice to have a Classroom with lots of lovely displays and have Music playing in the background, for some pupils with autism, this can simply prove too much.

An area that is quiet and has clutter-free walls can be most beneficial to reduce arousal and help a pupil to concentrate and focus on tasks given to them.

This does not mean that the whole classroom needs to be blank, merely the area in which you want your pupil to work. Identify an area and then consider personalising it with the pupil's photo and a visual to indicate what they will be doing (e.g. "work" or "maths")

It is also useful to have a "chill out" or calm area in the classroom or a calm area for the pupil to go at times of anxiety.

